



# Check-up Programs



**ANADOLU<sup>H</sup>**

In Affiliation with  
JOHNS HOPKINS MEDICINE



# Be Certain...

Have regular check-ups

Primary Check-up Program

## General Check-up

<b>Examinations</b>	Check-up Examination and Control
<b>Radiological Imaging</b>	Total Abdominal US, Chest X-Ray
<b>Cardiological Examination</b>	ECG Electrocardiogram
<b>Laboratory Examinations</b>	Complete Blood Count, Sedimentation, Complete Urine Analysis, Fasting Glucose, ALT, AST
<b>Kidney Functions</b>	Bun, Creatinine
<b>Lipid Tests</b>	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
<b>Thyroid Test</b>	TSH

The content of this program includes primary tests and examinations.



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## Athlete Check-up

Examinations

Cardiology Examination, Orthopedics Examination

Radiological Imaging

Chest X-Ray

Cardiological Examination

ECG Ecocardiogram, Exercise Stress Test, Eco Doppler

Laboratory Examinations

Complete Blood Count, Complete Urine Analysis, CK (Creatine Kinase), Fasting Glucose Level, Creatinine, ALT, TSH

Lipid Tests

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride

Respiratory examination

Respiratory Function Test

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# Be Certain...

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## Men below 40 years old

Examinations	Check-up Examination and Control, Physiotherapy Examination
Radiological Imaging	Total Abdominal US, Chest X-Ray, Thyroid US
Cardiological Examination	Exercise Stress Test
Laboratory Examinations	Complete Blood Count, Sedimentation, Complete Urine Analysis
Diabetes Examination	HOMA-R (Insulin resistance, IR), HbA1c
Kidney Functions	Bun, Creatinine
Liver Functions	ALT, AST, GGT
Lipid Tests	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
Thyroid Test	TSH
Hepatitis	HBsAg, Anti Hbs

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# Be Certain...

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## Men above 40 years old

Examinations	Check-up Examination and Control, Urological Examination, Physiotherapy Examination
Radiological Imaging	Total Abdominal US, Chest X-Ray, Thyroid US
Cardiological Examination	Exercise Stress Test
Laboratory Examinations	Complete Blood Count, Sedimentation, Complete Urine Analysis, Occult Blood in Stool, Uric Acid
Diabetes Examination	HOMA-R (Insulin resistance, IR)
Kidney Functions	Bun, Creatinine
Liver Functions	ALT, AST, GGT, ALP, Total Protein, Albumin
Lipid Tests	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
Thyroid Test	TSH
Hepatitis	HBsAg, Anti Hbs
Prostate Tests	PSA, Free PSA

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# Be Certain...

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## Women below 40 years old

Examinations	Check-up Examination and Control, Gynecological Examination, Physiotherapy Examination
Radiological Imaging	Total Abdominal US, Chest X-Ray, Breast US, Thyroid US
Gynecological Examination	ThinPrep Cervical Smear, Vaginal Culture
Cardiological Examination	ECG Electrocardiogram
Laboratory Examinations	Complete Blood Count, Sedimentation, Complete Urine Analysis,
Diabetes Examination	HOMA-R (Insulin resistance, IR)
Kidney Functions	Bun, Creatinine
Liver Functions	ALT, AST, GGT
Lipid Tests	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
Thyroid Test	TSH
Hepatitis	HBsAg, Anti Hbs

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# Be Certain...

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## Women above 40 years old

<b>Examinations</b>	Check-up Examination and Control, Gynecological Examination, Physiotherapy Examination
<b>Radiological Imaging</b>	Total Abdominal US, Chest X-Ray, Mammography, Thyroid US
<b>Gynecological Examination</b>	ThinPrep Cervical Smear, Vaginal Culture
<b>Cardiological Examination</b>	Exercise Stress Test
<b>Laboratory Examinations</b>	Complete Blood Count, Sedimentation, Calcium, Complete Urine Analysis, Occult Blood in Stool, Uric Acid
<b>Diabetes Examination</b>	HOMA-R (Insulin resistance, IR)
<b>Kidney Functions</b>	Bun, Creatinine
<b>Liver Functions</b>	ALT, AST, GGT, ALP, Total Protein, Albumin
<b>Lipid Tests</b>	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
<b>Thyroid Test</b>	TSH
<b>Hepatitis</b>	HBsAg, Anti Hbs

The content of this program includes primary tests and examinations.



# Be Certain...

With Corporate Check-up Programs

Check-up Program for Executives

## Executive Men

<b>Examinations</b>	Check-up Examination and Control, Urological Examination, Dental Examination
<b>Radiological Imaging</b>	Total Abdominal US, Chest X-Ray
<b>Cardiological Examination</b>	Eco Doppler, Exercise Stress Test
<b>Laboratory Examinations</b>	Complete Blood Count, Sedimentation, CRP, Complete Urine Analysis, Occult Blood in Stool, Uric Acid
<b>Diabetes Examination</b>	HOMA-R (Insulin resistance, IR) , Hb1Ac
<b>Kidney Functions</b>	Bun, Creatinine
<b>Liver Functions</b>	ALT, AST, GGT, ALP, Total Protein, Albumin
<b>Lipid Tests</b>	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
<b>Thyroid Test</b>	TSH
<b>Hepatitis</b>	HBsAg, Anti Hbs
<b>Prostate Tests</b>	PSA, Free PSA

The content of this program includes primary tests and examinations.



A close-up portrait of a young woman with dark hair pulled back, wearing a white collared shirt and a dark blazer. She is smiling warmly at the camera.

# Be Certain...

With Corporate Check-up Programs

Check-up Program for Executives

## Executive Women

<b>Examinations</b>	Check-up Examination and Control, Gynecological Examination, Dental Examination
<b>Radiological Imaging</b>	Total Abdominal US, Chest X-Ray , Mammography
<b>Cardiological Examination</b>	Eco Doppler, Exercise Stress Test
<b>Gynecological Examination</b>	ThinPrep Cervical Smear
<b>Laboratory Examinations</b>	Complete Blood Count, Sedimentation, CRP, Calcium, Complete Urine Analysis, Occult Blood in Stool, Uric Acid
<b>Diabetes Examination</b>	HOMA-R (Insulin resistance, IR) , Hb1Ac
<b>Kidney Functions</b>	Bun, Creatinine
<b>Liver Functions</b>	ALT, AST, GGT, ALP, Total Protein, Albumin
<b>Lipid Tests</b>	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
<b>Thyroid Test</b>	TSH
<b>Hepatitis</b>	HBsAg, Anti Hbs

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## Cardiac Check-up

<b>Examinations</b>	Cardiology Examination
<b>Cardiological Examination</b>	ECG Electrocardiogram, Exercise Stress Test
<b>Laboratory Examinations</b>	CRP, Fasting Glucose Level
<b>Kidney Functions</b>	Bun, Creatinine
<b>Lipid Tests</b>	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride

The content of this program includes primary tests and examinations.



# Be Certain...

Improve your Quality of Life with Comprehensive Check-up Programs

## Premium Check-up Program for Men

<b>Examinations</b>	Check-up Examination and Control, Urological Examination, Dental and Oral Examination, Cardiological Examination, Nutrition and Diet Examination, Physiotherapy Examination
<b>Radiological Imaging</b>	Total Abdominal US, Chest X-Ray, Coronary CT Angiography, Thyroid US
<b>Cardiological Examination</b>	Eco Doppler, Exercise Stress Test
<b>Laboratory Examinations</b>	Complete Blood Count, Sedimentation, CRP, Complete Urine Analysis, Occult Blood in Stool, Uric Acid, Ferritin, Calcium
<b>Diabetes Examination</b>	Hb1Ac, HOMA-R (Insulin resistance, IR)
<b>Kidney Functions</b>	Bun, Creatinine
<b>Liver Functions</b>	ALT, AST, GGT, ALP, Total Protein, Albumin, Total Bilirubin, Direct Bilirubin
<b>Lipid Tests</b>	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
<b>Thyroid Test</b>	TSH, FT3, FT4
<b>Hepatitis</b>	HbsAg, Anti Hbs
<b>Prostate Tests</b>	PSA, Free PSA
<b>VIP Room</b>	One night stay

The content of this program includes primary tests and examinations.



# Be Certain...

Improve your Quality of Life with Comprehensive Check-up Programs

## Premium Check-up Program for Women

<b>Examinations</b>	Check-up Examination and Control, Gynecological Examination, Dental Examination, Cardiological Examination, Nutrition and Diet Examination, Physiotherapy Examination
<b>Radiological Imaging</b>	Total Abdominal US, Chest X-Ray, Coronary CT Angiography, Breast US, Mammography, Thyroid US
<b>Cardiological Examination</b>	Eco Doppler, Exercise Stress Test
<b>Gynecological Examination</b>	ThinPrep Cervical Smear
<b>Laboratory Examinations</b>	Complete Blood Count, Sedimentation, CRP, Calcium, Complete Urine Analysis, Occult Blood in Stool, Uric Acid, Ferritin
<b>Diabetes Examination</b>	HOMA-R (Insulin resistance, IR), Hb1Ac
<b>Kidney Functions</b>	Bun, Creatinine
<b>Liver Functions</b>	ALT, AST, GGT, ALP, Total Protein, Albumin, Total Bilirubin, Direct Bilirubin
<b>Lipid Tests</b>	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglyceride
<b>Thyroid Test</b>	TSH, FT3, FT4
<b>Hepatitis</b>	HbsAg, Anti Hbs
<b>VIP Room</b>	One night stay

[int.patients@anadolumedical.org](mailto:int.patients@anadolumedical.org)



The content of this program includes primary tests and examinations.

Anadolu Medical Center  
Hospital

Anadolu Medical  
Ataşehir Outpatient Clinic

Anadolu Medical  
Suadiye Outpatient Clinic

+90 216 44 44 276  
[www.anadolumedicalcenter.com](http://www.anadolumedicalcenter.com)